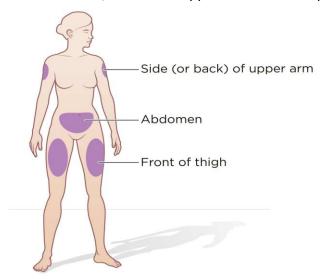


Patient Guideline for Micro Leuprolide or Leuprolide Trigger

- 1. Refrigerate vial. Store in center of refrigerator, avoid storing in the door or back.
- 2. Check that solution is not discolored.
- 3. Discard medication after expiration on vial. Overfill is given to provide extra, therefore it is OK if there is liquid remaining in vial.

## Directions for injecting:

- 1. Wash your hands.
- 2. Take leuprolide vial out of refrigerator. Let it come to room temperature for about 10-15 minutes. This will allow less burning/stinging.
- 3. Set out alcohol swabs, syringe, and Sharps container.
- 4. Cleanse injection site with alcohol swab. Abdomen is preferred, but front of thigh and the back/side of the upper arm are other possible spots.



- 5. Let the alcohol air dry completely before injecting. This will also allow less burning/stinging.
- 6. Remove the sterile sticker from the vial and wipe rubber top of vial with alcohol swab.
- 7. Take syringe and pull back the air equal to the dose amount you will be injecting.
- 8. At a 45 degree angle, puncture rubber stopper with syringe and inject air.
- 9. Keeping the eye of the needle in the liquid, draw up "units" or "ml" needed for dose.
- 10. Flick out any air bubbles.
- 11. Pinch about a 2 inch area of the skin where injecting (always rotate injection sites). Inject at a 45 to 90 degree angle and insert entire length of the needle, release the skin, and depress the plunger slowly until all medication is injected. Remove the syringe quickly and gently.
- 12. Dispose of syringe in Sharps container.